






Colley Lane Primary Academy

Never settle for less than your best

Newsletter - 15th July 2022

Dear Parents

It has been a very hot week and is due to get hotter next Monday and Tuesday. We sent out a letter earlier today with the arrangements for next week and please take the time to read it. I can not stress enough the importance of ensuring that your child has a water bottle and a cap or hat every day even if we are only outside for a short period of time. The NHS suggests the measures below for children, the elderly and those with long-term health conditions to help avoid heat-related illness by:

-  checking they stay hydrated with plenty of fluids
-  helping to provide a cool living space
-  encouraging them to avoid strenuous or extreme activities
-  keeping them out of the sun at peak times
-  providing a sunhat, sunglasses and applying plenty of sun-cream when outside

We will keep up to date with the forecasts and adapt as needed but have the safety of your children at the heart of all we do.

This morning we had a fantastic sporting morning as we celebrated the Commonwealth Games. Every child taking part in events across the field, all active and fun.

Our event was started this morning by our special visitors, Mrs Suzanne Webb MP and Mrs Elizabeth Foster, Deputy Lieutenant for the West Midlands Lieutenancy and Her Majesty The Queen. They enjoyed the morning and we shared the tree that we had planted as part of the Queens Green Canopy. A very special morning for everyone.



This afternoon your child will have come home with their report. We are very proud of all the achievements of all our children and know how hard they have worked in a tricky year. You will also receive a link to a Google form to say that you have received the report and also give you the opportunity to comment on the report or your child's year. We would welcome these comments so that we can continue to reflect on how we can provide the best for your child at Colley Lane.

Finally and at this time of year, we say goodbye to some staff. Next week we bid a fond farewell to Mrs Whalley, she has worked at Colley Lane for an incredible 32 years, indeed in her Nursery class, this year are children of parents she has taught!. She is an extremely popular member of staff who always gave her all for the children and went above and beyond in everything that she did. We wish her a happy and enjoyable retirement. Miss Fernandez will be leaving this summer too. She has been a real asset to Colley Lane supporting children's learning and delivering Spanish lessons, we wish her every success in her new role as Spanish teacher, teaching from KS2 to A Level, an opportunity she could not pass up. We also say goodbye to Mrs Nock, who is moving onto a new venture and we would like to thank her for her hard work with Year 1.

Please keep safe in the sun this weekend so we can all have a fantastic final week of this school year next week.

Kind regards,

Mr Dominc Simpson.

Colley Lane Primary Academy

Colley Lane, Halesowen B63 2TN **Tel:** 01384 900450

Email: info@colley.windsoracademytrust.org.uk

Website: <https://www.colley.dudley.sch.uk> **Twitter:** @colleylane

Next week's Aspire Character and Learner skills

- I am respectful
- I can be collaborative



Key Dates

- Monday 18th July - Transition morning for Reception to Year 6
- Monday 18th July - Year 6 Play 1.30pm
- Tuesday 19th July - Year 6 Play 6.00pm
- Wednesday 20th July - Year 6 BBQ 5.00 -7.00 pm
- Thursday 21st July - Year 6 Leavers Assembly
- **Last day Thursday 21st July closing at 1pm
Nursery open for morning session only**
- Friday 22nd July - Tuesday 6th September - Summer Holidays
- Wednesday 7th September - Children return to school



Reminders

School start and finish times

Start time - All years - Doors open at 8.40am, school starts at 8.55am

Finish time -Reception and KS1 - 3.05pm. All KS2 - 3.15pm

Uniform

Please can all children's uniforms, hats, coats, water bottles and lunch boxes be labelled with their child's full name.

PE

All children are to come into school wearing their PE kits on their PE days.

Parking

Can we remind you that the car park is for **staff only and permit holders**. If you need to use the car-park, please see the office for a parking permit. Please do not park in the disabled bays unless you have a blue badge.

Year 6 SATS 2023

Just a note to say that Year 6 SATS next year will take place from Monday 8th May to Thursday 11th May 2023. Can we ask that Parents DO NOT book any holidays during this time.

Iris ParentMail

ParentMail is our main communication platform where you will receive emails from Mr Simpson, the office and teachers keeping you informed of school events, trips and class news. You can also report absences, book and pay for Breakfast and After School Clubs and purchase uniforms.

We encourage all parents to register if you haven't already. For those who haven't and if you have an email address, you will be receiving a verification email soon via your emails. Please follow the link on the email to register. You will get notification when we send out forms for trips, all payments will be via Parentmail. Please contact the school office if you need any assistance.

General Reminders

School Dinners

Just a reminder that you no longer need to book meals in advance, children can choose what they would like to eat on the day at the counter. Parents will still need to ensure that there is money in their child's ParentMail account but children will indicate they are having a hot dinner on the day in registration. Next week's menu will be **Week 1 Menu, however there will be a change on Thursday where they will be Hot dogs / Quorn Dogs with Chips / Jacket potatoes/ Tomato pasta and Ice cream or Biscuits for dessert.**

WEEK 1 MENU		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SPRING/SUMMER 2022	Hot Main Dish	Burrito A soft wrap filled with lightly spiced veggies and rice	Hot Chicken Sandwich with Potato Wedges	Roast Chicken with Roast Potatoes and Gravy Succulent roast chicken with fluffy roasties and tasty gravy	Beef Bolognese A classic Italian beef Bolognese in a yummy tomato sauce	Southern Fried Chicken Taster Lightly seasoned crispy chicken strips and scrummy chips
	Alternative Dish	Cheese and Tomato Pizza Cheesy tomato topped pizza slice With potato wedges	Macaroni Cheese	Quorn Roast with Roast Potatoes and Tasty Gravy	Quorn Hot Dog With Potato Wedges	The Incredible Burger With chips
	Third Choice	Jacket Potato with Salmon Mayonnaise	Jacket Potato with Salmon Mayonnaise	Jacket Potato with Salmon Mayonnaise	Jacket Potato with Salmon Mayonnaise	Jacket Potato with Salmon Mayonnaise
	Salads	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot
	Jacket Potato	Jacket Potato with a choice of fillings	Jacket Potato with a choice of fillings	Jacket Potato with a choice of fillings	Jacket Potato with a choice of fillings	Jacket Potato with a choice of fillings
	Pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta
	Vegetables	Green Beans and Sweetcorn	Peas and Broccoli	Carrots and Cabbage	Broccoli and Sweetcorn	Baked Beans and Peas
Desserts	Raspberry Ripple Ice-Cream	Orange Drizzle cake	Shortbread Biscuit with Fruit Slices	Pineapple Upside Down Cake With Custard	Orange, Sultana and Carrot Slice	
		AVAILABLE EVERY DAY: WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT		Vegetarian Oily fish Wholegrain Fruity! Nutritionist's Choice		

The menus rotate on a 3 week cycle and all menus can be found on the website under 'School Life' then 'Essential Information'. You can also pick up a copy from the school office.

Asthma

Just a reminder that if your child needs an inhaler in school, please can you come to the office to fill in the relevant paperwork. You will be asked to leave one inhaler in school.

Class Dojo

Please sign up to Class Dojo this weekend using the letter provided from school. For more information please see your child's class teacher or the school office.

PE Days

Nursery - Wednesday

Reception - Monday

Year 1 - Wednesday

Year 2 - Thursday

Year 3 - Monday and Tuesday

Year 4 - 4R & 4K Monday and Thursday, 4H - Wednesday and Thursday

Year 5 - Tuesday and Friday

Year 6 - Wednesday and Friday

Road Safety Awareness

The Road Safety & Travel Awareness Team provide road safety education and advice across the borough of Dudley, provide cycling and Bikeability advice and training, again across the Borough, both in schools and within the community as a whole. The team also coordinate the School Crossing Patrol service in Dudley

Please see links below for more information.

Road Safety & Travel Awareness Web Page - <https://www.dudley.gov.uk/residents/parking-and-roads/>

Facebook Page - <https://www.facebook.com/RoadSafetyDudleyCouncil>

Beat the Street Competition

We have received some lovely Beat the Street prizes.

To be in the chance of winning, please send a photo of your child walking to school or taking part in the Beat the Street activity to info@colley.windsoracademytrust.org.uk

Parents who have previously sent in photographs of their child walking to school will automatically be entered into the prize draw.

Winner will be revealed on Wednesday 20th July and photos will be shared on twitter and dojo. If you do not want your photos to be shared, please let me know. Thank you and good luck.

How to play

Register your card online at www.beatthestreet.me/dudley

(Cards will be distributed over the next few weeks)

Explore your local area, finding Beat Boxes using the online or paper map.

Hover your card at the contactless Beat Box until it beeps and flashes.

Visit 2 Beat Boxes within an hour and collect 10 points for each Beat Box – this is 20 points for the journey.

Carry on your journey. Score 10 points for each extra Box you visit.

Attendance

Updated Guidance regarding Covid - Please Read

“It is **not** recommended that children and young people are tested for COVID-19 unless directed to by a health professional.

If a child or young person has a positive COVID-19 test result they should try to stay at home and avoid contact with other people for 3 days after the day they took the test, if they can. After 3 days, if they feel well and do not have a high temperature they should return to school, the risk of passing the infection on to others is much lower. This is because children and young people tend to be infectious to other people for less time than adults.

Children and young people who usually go to school, college or childcare and who live with someone who has a positive COVID-19 test result should continue to attend as normal.”

If you require more information this can be found at:

<https://www.gov.uk/guidance/people-with-symptoms-of-a-respiratory-infection-including-covid-19#Children>

If your child is going to be absent from school for any reason please let us know as soon as possible by;

- Calling 01384 900450 and speaking to a member of staff or leaving a message.
- Sending an email to attendance@colley.windsoracademytrust.org.uk
- Reporting their absence via the ParentMail App.

Please be aware you **must** report your child's absence **every day** that they are unable to attend school.

What's been happening in school this week?

Nursery

What a busy week we have had in Nursery!

It was lovely to see so many parents, aunties, uncles and grandparents at our sports days on Wednesday! The children all practised very hard for all of their races and it was great to watch them all having fun on the day. Thank you so much for coming to support them and for all the positive comments that we were given about

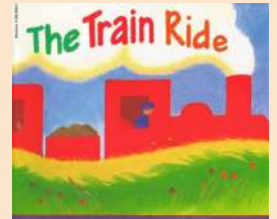


how well it all went, the staff really appreciate it!

On Friday, we also took part in the school-wide sporting event, The Mini Commonwealth Games. The children showed great gross motor skills with their throwing, catching and kicking as well as super speed in the dressing up race! It was great to see the whole school enjoy an event and lots of the children were excited to see their older siblings on the field too.

Throughout the week, we have also taken our last visit to the glade to explore the seasonal changes for Summer. The children have shown great development throughout the year within the glade and were able to identify the changes we had witnessed with the tree leaves from Autumn to Summer. They also really enjoyed showing their core strength by climbing and hanging from the trees.

This week we have also read our final Whole Class Reading text of the year, The Train Ride. We had explored different modes of transport and then found out that our book was set on the train. The children showed great prediction skills when guessing where they may be going and who they might be going to see. The children enjoyed the story and a few of them spoke about where they have been on the train or where they would like to go if they could go on a train.



Next week:

Monday - Children moving to Reception in September will be having a transition morning where they will be able to explore their new indoor and outdoor environments as well as listening to some stories from the Reception staff team.

Wednesday - Party Day! We will be having a party on Wednesday to celebrate the end of the year. Children can come to Nursery in their party clothes and we will be playing some party games and having a mini picnic. Children do not need to bring any food to Nursery as this will be provided by us.

I would just like to say a big thank you on behalf of the Nursery team, for all your support over the year. It has been a pleasure having your children and we wish them well as they move on to Reception.

We hope you all have a lovely weekend in the sunshine!

Reception

Reception have had a great week exploring their new whole class reading text, The Tiger Who Came to Tea. Each child had a copy of the book this week. They found lots of tricky words, used their phonics to sound out new words and followed along as their teacher read the story. The children took great care of their books and were very responsible.



The children have really enjoyed exploring and playing outside. They have developed their core strength and balance climbing and swinging in the trees, cooking in the mud kitchen and playing in the

new outdoor sandpit. The children took turns and again were very responsible with new resources making sandcastles and sand numbers and animals!



the

Unfortunately sports day was cancelled, due to the hot weather, but it has been rescheduled for next Wednesday. The children did however take part in our whole school Commonwealth Sports Morning, which they really enjoyed.

Reception children were also busy raising money for charity at the Year 6 mini market this week. They had fun playing games, buying toys and bracelets and eating cakes and icecreams! Thank you to parents and families for donating.

Next week the children will be spending Monday morning in their new classroom with their year 1 teachers. They will also be bringing home a transition booklet next week.

Please start to bring back any library books and school reading books next week as we will start to collect them so

we can return them to the local library and school library. Have a lovely weekend.

Year 1

It's been a hot one, but year one have been trying to keep their cool!

We have been staying in the shade, when we can, and the children have been coming in from lunch break slightly earlier, out of the midday sun, to play games inside. Lots of the children have been remembering to wear sun hats, bring in a drink bottle and the smell of all the sun cream has been very pleasant!

We had a brilliant Sports Day. The weather was perfect...not too hot. The children had a great time and were very excited to have you there to watch them. They all tried their best and we definitely have some budding athletes of the future. It will be great to see lots of the children joining our sports clubs as they get older and move up the school.

We have continued with our unit on poetry this week, in English, and the children had a go at writing their own verses for the nursery rhyme, 'There Was An Old Lady.' We had some great examples, such as, "there was an old lady who swallowed a monkey, how funky, to swallow a monkey!" Brilliant! Then the children went on to learn the original rhyme, in small groups and then present it to the rest of the class. We had some great performances, all the children had learnt the words off by heart and provided us with very entertaining actions, including some very dramatic endings! Well done everybody.

We had great fun in maths this week as we finished off our unit on measure. We played some team games to put our skills and knowledge into practice. We had a throwing the bean bag contest, using metre sticks to measure distances, and also found the difference between lengths. Mr. Scarth was very impressed when he passed by, and is now expecting to see some Colley Lane cricket players in the future!

We had another race where the children had to collect as much water as they could. They ran in teams, to the finish line with a small cup of water and poured what they had managed to keep into a container. When the time was up we measured how much water each team had managed to collect to find the winners.

Finally the children had a chance to make a gingerbread man, following a recipe to measure out the ingredients. They all had a chance to roll, mix squash and finally decorate, and sneakily pinch a few chocolate chips along the way. The final result was fantastic and they tasted pretty good too!

We hope you all manage to keep cool and have a lovely weekend!



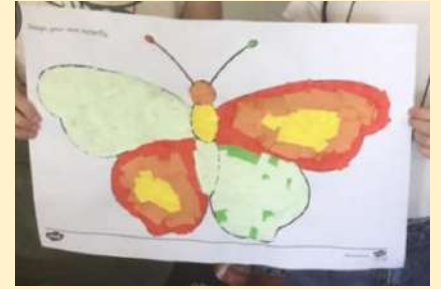
Year 2

What an incredible penultimate week we have had!



Our week started with a high, as we went on our trip to Dudley Zoo. It was great to see the children buzzing with excitement as they explored the zoo and learnt about the different animals. They saw monkeys, lemurs, giraffes and even a baby orangutan. The children behaved brilliantly and were brilliant representatives of Colley Lane. Well done Year 2!

On Wednesday, the children had an 'Explorer Day'. They all looked fantastic in their costumes and it was wonderful to see how inventive the children had been with their costumes. At the start of the day, they worked collaboratively to create collages out of recycled paper. Their butterflies were bright, colourful and very creative! They also had to work as a team when orienteering after break. They had to search for different pictures scattered around the playground, which they had to work together to find. In the afternoon, we had



some helpers come down from Year 4 to help the children plan and record videos all about recycling. It was great to hear the children sharing the knowledge they have learnt during our global affairs topic.

On Friday the children learnt all about the Commonwealth Games. In the morning, they took part in the whole school games, competing in their teams to win points for their houses. They had lots of fun taking part in the range of activities such as jumping, bean bag races and egg and spoon races. Following on from this, the children learnt all about the games which are taking place in Birmingham over the summer and even made their own version of the Queen's baton!

It has been a very busy week, but one where I know many wonderful memories have been made. The teachers are very excited to spend the final week in Year 2 with the children and have got some lovely activities planning. On the Last day of term (Thursday 21st July) the children are allowed to bring in it toys/games to play with. However, can we ask that nothing electrical is brought in. Also, it would be great if it was a game or toy that they can play with collaboratively. If your child could bring in a carrier bag to bring any books and bits and bobs from their tray home next Thursday, that would be great.

Have a wonderful weekend all and enjoy this lovely sunshine!

Year 3

A lovely, but rather hot week in Year Three for our last full week.

It's been an active week with our Sports day races on Tuesday and the mini Commonwealth Games on Friday. Lots of fun competing and representing our school Houses - great team spirit shown by all. At the end of taking part in the whole school Commonwealth Games the children presented each other with the medal that had been researched, designed and made by the children in our DT lessons.



As you know from Dojo, the children are learning about charities and the important role they play within local, national and Global communities. Children have already begun to donate to 'Pens for Kids' which is fantastic. Thank you also for sending in coins for your child to spend at Year Six's mini market this week where money was being raised to help a range of charities. The children enjoyed having the independence to go shopping and we saw some lovely face painting and henna designs along with soft toys, friendship bracelets and lots of cakes and sweets being bought.

This week the children have been learning a little bit of Spanish. They can already say 'My name is..', which country they live in, whether they are tall or short and how old they are.

We completed our CLPA leaflets in English this week and the children were very proud of them. They have also written a letter to their Year Four teacher to introduce themselves and as you will see, written some personal reflections which forms part of their report.

As you know the children finish school at 1pm next Thursday. They do not need to bring in anything to play with as we have lots of games, lego, jigsaws, colouring and ipads to use. If your child could bring in a carrier bag to bring any books, pencil case and bits and bobs from their tray home next Thursday, that would be great.

I would just like to say a big thank you on behalf of the Year Three team, for all your support over the year. It has been a pleasure having your children in Year Three and we all wish them well as they move on to Year Four.

For the final time this year, have a lovely weekend.

Year 4

It's been another busy week this week in our penultimate week in Year 4.

We have been completing our final writing piece of the year this week with a formal letter to Shedville Council to inform them if they agree or disagree with the junkyard being closed. They have been using persuasive language, facts and statistics, and used a wide range of sentence starters. In addition, the children have learnt how to set out a letter with the address of who you are writing to in the top right hand corner and their own address on the left hand side.

In Maths, children have been focusing their learning on 3D shapes. They have discussed the number of edges, vertices and faces triangular prisms, square based pyramids, spheres etc. have. We spent one day delving deeper into prisms and how a prism can be named after the amount of edges from the end of the prism. For example, a hexagonal prism is named so, as the end face is a hexagon.

Thank-you to anyone who was able to send their child to school with recycling materials. The children had a lovely afternoon reusing recyclable items and turning them into reusable items. Children made plant pots and lava lamps from water bottles, games and stamps from old water bottle lids and other items such as pencil pots.



On Thursday, we visited the Year 6 market stalls, where children had made many items to sell, such as. Cakes, bracelets and biscuits. The children thoroughly enjoyed visiting the stalls and spending their money to raise money for the people of Ukraine.

On Friday the children learnt all about the Commonwealth Games. In the morning, they took part in the whole school games, competing in their teams to win points for their houses. They had lots of fun taking part in the range of activities such as jumping, bean bag races and egg and spoon races. Following on from this, the children learnt all about the games which are taking place in Birmingham over the summer.

Have a lovely weekend!

Year 5

We have thoroughly enjoyed our final full week together in Year 5. We have lots planned for the next four school days and will look forward to reflecting on the achievements of all children during this time.

We hope you find your child's report both useful and reflective of their learning journey during this year, which is their first full year of face-to-face learning in three years. It has been great to see each child grow into a maturing child ready for their final chapter of Colley Lane: Year 6. We have held whole-class discussions to talk about the transition to next year and the transition morning next Monday will further support children.

We have created a double-page spread in our reading lesson displaying information and reviews of our favourite whole-class reading books. Each child used their own unique design and it was wonderful seeing the finished pieces of work.

On Thursday, we attended Year 6's Mini-Market which was not only a fun event, it was also a great opportunity for children to see what stalls they could have this time next year.

On Friday, Year 5 joined the rest of the school attending our first whole-school sports event since 2019, it certainly was a reminder of school life pre-Covid. It was great to see children together again and it gave children the primary school experience we would like to offer. Well done to all children for taking part and making the event enjoyable. During the afternoon, Year 4 and 5 watched the Year 6 performance.

Have a wonderful weekend.

Year 6

Year 6 have had a wonderful week, enjoying their final full week at primary school.

The play has really begun to come together with the singers, dancers and actors all preparing for a fabulous production. Costumes have been collected, the lighting and music are ready and the children are excited to be performing very soon. We have had many dress rehearsals this week, ensuring all of the props work and all of the scenes are sorted. On Friday, the children did their first performance to the Key Stage 2 pupils; they were incredible! What a fantastic first performance to end the week with.

On Thursday, the children held their Charity Mini Market and what a success that was! The children were incredible, really demonstrating their independence, responsibility and creativity. All of the staff were extremely proud of the effort and hard work the children put into creating their stalls and really championed all of their commitment. A huge thank you to all of the parents for all of the support we had for this event; we really are grateful.

Finally, the children have really enjoyed their sporting events this week. The children loved their class PE sessions, where they had the chance to practise the sporting events for the Common Wealth Games. On Friday, the children had the Common Wealth Games and loved every minute of it. It was a huge sporting success and the children had the opportunity to try a range of fun, sporting activities and it was great to see the whole school coming together again. On Thursday evening, the children had a fabulous time at the staff v Year 6 rounders game; they loved the competition!

Another fabulous week for Year 6; although it will be emotional, we are looking forward to the children loving their final week at Colley Lane.

News....

Cradley Library

Cradley Library opposite the school are doing board game sessions on a Thursday straight after school until 4.30pm. It is a free session and all children are welcome.



Colley Lane Website

If you haven't already, please take the time to look at our new website at <https://www.colley.dudley.sch.uk/> You will be able to find all the information that you need about our school including key information, news and dates and parent information.

For Parents - How to Set Up Gaming Consoles to Prevent Impulse Purchases

You will be all too aware that it is too easy for children and young people to purchase virtual items in games and apps. Some of the amounts they are spending is eye-watering, so too is accidental purchasing where the game has used 'nudge' techniques to entice a purchase.

Many devices have parental controls which can help to mitigate these purchases. Wayne Denner from Ireland has put together a short article which some parents will find useful, detailing how to set up parental controls on popular devices including the PS4, iPhone and Xbox One. The link is [HERE](#).

Audio Books

Audio books are a fantastic way to engage readers and offer a perfect opportunity to enjoy sharing a book with your son or daughter at home. Sooper Books very kindly donated their entire library of audio books for children to enjoy at school so we will be enjoying these in our lessons. If you wish to dip into a sample of these books at home, please access them via our school website on the following link:


<https://www.colleylanepprimary.org.uk/teaching-and-learning/reading-at-home/>

Here you will find a range of award-winning fairy tales, bedtime stories, fables and poems. Some of the titles are samples and there are a few stories which are free to access all of the time.

We would like to thank Sooper Books for their generous donation. If you would like to sign up for a membership to Sooper Books from home, they are currently offering a 1 week free trial or a £3.00 monthly subscription.

Pupil Achievements

This week's Hot Chocolate Friday children:

RDW	RY	1H	1MS	2D	2E	3H	3W	
Malak	Ewan	Aizah	Matthew	Yasseen	Beau	Violet	Finley	
4R	4K	4H	5W	5C	5A	6H	6O	6S

Mr Simpson will catch up with KS2 next week as they were watching or taking part in Year 6's Play!



Lily, Ellena and Indi all from 2D won their football tournament the weekend with their team Starz Academy Tigers! Well done girls, excellent work!

Well done to Maddie Neale in 4R who performed in three shows of the charity pantomime Aladdin at the weekend. She sang, did acrobatics, ballet and dancing as well as supporting the younger dancers. Maddie raised £276 in ticket sales with the total raised still to be confirmed. Proceeds going to Macular degenerative disease and Crohns and Colitis. Fantastic job Maddie!



Please email achievements to info@colley.windsoracademytrust.org.uk

The Kindness Corner

Black Country Food Bank



The collection box for Black Country Food Bank is now in the school foyer where donations can be brought in at any time throughout the school year.

If you are able to donate any non-perishable food items please bring these along to the school office where we will collect them before donating them to help our local

food bank and community.

Take a look at the amazing work they do by visiting their website at <https://www.blackcountryfoodbank.org.uk/>

Action for happiness

Jump Back Up July 2022

MONDAY



TUESDAY



WEDNESDAY



THURSDAY

FRIDAY

SATURDAY

SUNDAY

4 Find something to look forward to today

5 Get the basics right: eat well, exercise and go to bed on time

6 Pause, breathe and feel your feet firmly on the ground

8 Shift your mood by doing something you really enjoy

1 Take a small step to help overcome a problem or worry

2 Adopt a growth mindset. Change "I can't" into "I can't...yet"

3 Be willing to ask for help when you need it

11 Look for something positive in a difficult situation

12 Write your worries down and save them for a specific 'worry time'

13 Challenge negative thoughts. Find an alternative interpretation

14 Get outside and move to help clear your head

15 Set yourself an achievable goal and take the first step

16 Find fun ways to distract yourself from unhelpful thoughts

10 Reach out to someone you trust and share your feelings with them

18 Let go of the small stuff and focus on the things that matter

19 If you can't change it, change the way you think about it

20 When things go wrong, pause and be kind to yourself

21 Identify what helped you get through a tough time in your life

22 Find 3 things you feel hopeful about and write them down

23 Remember that all feelings and situations pass in time

17 Use one of your strengths to overcome a challenge today

25 Notice when you are feeling judgmental and be kind instead

26 Catch yourself over-reacting and take a deep breath

27 Write down 3 things you're grateful for (even if today was hard)

28 Think about what you can learn from a recent problem

29 Be a realistic optimist. Focus on what could go right

30 Reach out to a friend, family member or colleague for support

24 Choose to see something good about what has gone wrong



ACTION FOR HAPPINESS

Happier · Kinder · Together

Diary Dates

Summer Holidays

Thursday 21st July finish at 1.00pm

Friday 22nd July 2022 to Friday 2nd September 2022

Inset days Monday 5th and Tuesday 6th September 2022

Return to school on Wednesday 7th September 2022

Autumn Half Term

Monday 24th October to Friday 28th October 2022

Return to School on Monday 31st October 2022

Winter Holidays

Monday 19th December 2022 to Monday 2nd January 2023

Return to School on Tuesday 3rd January 2023

Inset Days

Monday 5th, Tuesday 6th September 2022

Sports Clubs

Colley Lane Sports Club News

Thank you for all of your amazing support this year at all clubs and competitions. Next week sees our last school club event, our presentation on Monday afternoon straight after school, it will either be on the school field or in the hall depending on the heat. We hope to see as many of you there as possible if you've received the parentmail letter your child is invited. There will be no Colley Lane clubs next week, JSB clubs will still be on. The clubs will start the first full week back in September and there will only be a couple of changes to what is running now.



Finally we are proud to announce that we have received the Platinum School Games Mark. The School Mark is a Government-led award scheme launched in 2012, facilitated by the Youth Sport Trust to reward and recognise school's engagement (provision and uptake) in the School Games against a national benchmark and to celebrate keeping young people active, and we are delighted to have been recognised for our success.

The price of clubs is £1 per club to a maximum of £3 regardless of how many clubs attended per week (this doesn't include JSB clubs.)

Unless your child has PE on the same day as a club they must come in school uniform and bring their kit to change into. If they are participating in a club before school they can come in their kit and bring their uniform to change into if they don't have PE that day, this also applies to the JSB club.

Sports Clubs

	<i>Before school (Start time)</i>	<i>Cost</i>	<i>After school (Finish time)</i>	<i>Cost</i>
<i>Monday</i>			<i>YR, Y1 & Y2 Multi Skills (4.30)* JSB</i>	<i>£3.00</i>
<i>Tuesday</i>			<i>Y5 & Y6 Football (4.30)* JSB</i>	<i>£3.00</i>
<i>Wednesday</i>	<i>Y5 & Y6 Football (8.00)* JSB</i>	<i>£2.00</i>	<i>Y3 & Y4 Dodgeball (4.30) * JSB</i>	<i>£3.00</i>
	<i>Y3 & Y4 Football (8.00)* JSB</i>	<i>£2.00</i>		

Free School Meals

If your child is in Reception, years one or two, you will automatically be entitled for free meals under the new 'Universal Infant Free School Meals' criteria.

However if you do meet the criteria listed below then you will need to submit an online claim in order for your child's school to receive Pupil Premium funding.

Your child may be able to get free school meals if you get any of the following:

- Income Support
- Income-based Jobseekers Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guaranteed element of State Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit Run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit (you must have less than £616.67 a month net earned income (after tax - and not including any benefits))

Children who receive a qualifying benefit in their own right are also allowed to receive free school meals. Children under the compulsory school age who are in full time education may also be entitled to receive free school meals.

Infant free school meals in England

Your child will be able to get free school meals if they're in a government-funded school and in: reception class, year 1 and year 2 Tell your local authority if you also get any of the qualifying benefits. Your child's school can get extra funding if you do. If you wish to apply for Free School Meals click here [Free School Meals](#) or collect a form from the office.