

Family Learning Colley Lane Plan

1	WC 20/09/21	First Aid Learn the essential basic skills of first aid. At the end of the course you will be able to perform CPR and recovery position. You will know the procedure for burns and choking. You will have the opportunity to use a defibrillator.
2	WC 27/09/21	Positive mental health You will learn what is meant by positive mental health. Learn skills on how to look after your own mental health and how to support other people.
3	WC 04/10/21	Looking after yourself When you become a parent, your focus turns to take care of your pride and joy. You can find it is difficult to return your attention to taking care of yourself, no matter how old your child is. A lack of self-care can make you feel stressed and worn out. This course will show you the importance of self-care and how you can fit it into your busy week.
4	WC 11/10/21	Healthy Families W1 Good health is all about the basics. On this course you will learn how to make small changes to make big impacts.
	WC 18/10/21	Healthy Families W2 Good health is all about the basics. On this course you will learn how to make small changes to make big impacts.
5	WC 25/10/21	Half term
6	WC 01/11/21	Digital Families W1 A 2-week course to explore the challenges of parenting in a digital world. Develop your own digital literacy and learn strategies to manage your family's cyber safety.
7	WC 08/11/21	Digital Families W2
8	WC 15/11/21	Supporting your child with Phonics W1 <ul style="list-style-type: none">• This course will help you to support your reception age child with their phonic and

		<p>reading development: Enjoy working alongside your child in the classroom for part of the session.</p> <ul style="list-style-type: none"> • Find out how to develop your child's listening skills in readiness for phonics. • Find out more about phonics and the different ways in which children learn to read. • Learn more about the technical vocabulary used in literacy. • Develop more confidence to help your child with phonics and reading.
9	WC 22/11/21	Supporting your child with Phonics W2
10	WC 29/11/21	Supporting your child with Phonics W3
11	WC 06/12/21	<p>Creative Families W1</p> <p>Learn fun and creative ways to engage your family. Deepen your understanding of the benefits of play and how it can help your children and yourself. Or simply take sometime for yourself and enjoy.</p>
	WC 13/12/21	Christmas holiday
	WC 20/12/21	Christmas holiday
	WC 27/12/21	Christmas holiday
12	WC 03/01/22	Christmas holiday
13	WC 10/01/22	<p>Caring for Children W1</p> <p>Develop knowledge and understanding of how to develop children's communication and literacy. Develop knowledge and understanding about how babies and children develop relationships with their carers. This is a 12-week course and upon completion will receive formal qualification.</p>
14	WC 17/01/22	Caring for Children W2
15	WC 24/01/22	Caring for Children W3
16	WC 31/01/22	Caring for Children W4
17	WC 07/02/22	Caring for Children W5
	WC 14/02/22	Caring for Children W6
18	WC 21/02/22	Half term
19	WC 28/02/22	Caring for Children W7
20	WC 07/03/22	Caring for Children W8
21	WC 14/03/22	Caring for Children W9
22	WC 21/03/22	Caring for Children W10
23	WC 28/03/22	Caring for Children W11
	WC 04/04/22	Caring for Children W12
	WC 11/04/22	Easter holiday

24	WC 18/04/22	Easter holiday
	WC 25/04/22	Sustainable families A short course introducing families to sustainability, looking at ways to reduce, reuse and recycle. A great interactive session looking at ways to make small changes that make a massive impact.
25	WC 02/05/22	Monday May day
26	WC 09/05/22	Supporting your child with numeracy W1 This course is designed for parents who want to upskill in specific areas of the maths curriculum. Learners will become more familiar with terminology and will have the opportunity to refresh or learn new skills.
27	WC 16/05/22	Supporting your child with numeracy W2
28	WC 23/05/22	Supporting your child with numeracy W3
29	WC 30/05/22	Half term
30	WC 06/06/22	Employability skills Working families W1 This course can help parents into work or to support them to find employments that supports their work, life balance. You will discuss some of the barriers to work and receive help and support in CV, interview skills and finding your dream job.
31	WC 13/06/22	Employability skills Working families W2
32	WC 20/06/22	Employability skills Working families W3
33	WC 27/06/22	Family Budgeting W1 Money Utilities/shopping A 2-week course looking at how families can take responsibility for their finances, health and energy consumption with the aim of making their money go further and help save the planet.
34	WC 04/07/22	Family Budgeting W2 Eating/Days out
35	WC 11/07/22	Support your child to Secondary School Starting secondary school is seen as a big milestone in their child's life by many parents. There are greater expectations on a child to be independent. There is still a lot that parents and carers can do to support the development of their child at home. This course will look at the practical ways you can help, how to connect with school and how to emotionally support your child with emotional challenges such as friendships and relationships.

	WC 18/07/22	Support your child to Primary school Is your child starting school in September? This course will build parents confidence in supporting their child in starting school. During the course we will learn ways to build confidence and support independence, introduce early literacy and numeracy skills and settling in during the first days.
--	-------------	---