

Windsor Academy Trust - Colley Lane

Physical Education Long Term Planning



Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS - Indoor + Daily Physical Activities to be delivered by class teacher	Introduction to PE		Introduction to PE Unit 2		Ball Skills	Athletics/Sports Day Practice
Year 1 -Outdoor	Fundamentals				Striking and Fielding	Athletics/Sports Day Practice
Year 1 - Indoor	Introduction to PE	Gymnastics	Dance	Target Games		
Year 2 - Outdoor	Introduction to PE	Fundamentals	Ball Skills	OAA	Striking and Fielding	Athletics/Sports Day Practice
Year 2 - Indoor	Team Building	Gymnastics	Dance	Target Games		
Year 3 - Outdoor	Fundamentals	Fundamentals	Hockey	Ball Skills	Striking and Fielding	Athletics/Sports Day Practice
Year 3 - Indoor	Team Building	Gymnastics	Dance	Tri-Golf		
Year 4 - Outdoor	Fundamentals	Hockey	Tag Rugby	Tri Golf/OAA	Cricket/Rounders	Athletics/Sports Day Practice
Year 4 - Indoor	Team Building	Gymnastics	Dance	Sports Hall Athletics		
Year 5 - Outdoor	Introduction to Endball	Endball	Hockey	Tag Rugby	Cricket/Rounders	Athletics/Sports Day Practice
Year 5 - Indoor	Team Building	Gymnastics	Dance	Tri Golf Uni-Hock		

Year 6 - Outdoor	Introduction to Endball	Endball	Hockey	Tag Rugby	Cricket/Rounders	Athletics/Sports Day Practice
Year 6 - Indoor	Team Building	Gymnastics	Dance	Tri Golf Uni-Hock		

*Swimming is additional to physical education and will be offered to year groups on a termly basis - See Separate Overview

**Sports/ Activities may be changed in an academic year due to opportunities from external organisations to support the curriculum further e.g. Chance to Shine, Worcester Rugby Football Club, WAT Dance Specialists.